FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL									
l	OMB Number:	3235-0287								
l	Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MEYER DAVID J						2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owne				vner	
(Last) 1411 E MI	ast) (First) (Middle) 411 E MISSION AVE				02/1	3. Date of Earliest Transaction (Month/Day/Year) 02/19/2024								X Officer (give title Other (specify below) Vice President					
(Street)					4. If <i>i</i>	If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
SPOKANI	E WA	9	9202											Form filed by More than One Person				rting	
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tabl	e I - Noi	n-Deriv	ative	Sec	uriti	es Acc	quired,	Dis	posed o	f, or Be	neficial	ly Owned					
Date			Date	Transaction ate lonth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)					Beneficia Owned F	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock - Performance Shares (CEPS))/2024				M		1,089	A	(1)	8,	102	D			
Common Stock - Performance Shares (CEPS)						/2024			F		266(2)	D	\$33.5	7,	836		D		
Estimated Shares held in 401(k)														6.3	349		I	Shares held in 401(k) Plan	
Shares Held in Executive Deferral Plan														3,486	3,486.9707		I :	Shares Held by Trustee	
		Ta									osed of, onvertil			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transacti Code (Ins		5. Number of		6. Date Exercisable Expiration Date (Month/Day/Year)		e	Amount of		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Conversion of 2021 Performance Shares (CEPS)	(1)	02/19/2024			M			2,054	(1)		(1)	Common Stock	2,054	(1)	0		D		

Explanation of Responses:

- 1. No conversion price. Shares awarded if performance measure is met.
- 2. Shares withheld to pay income tax on Performance Shares acquired 2/19/24.

/s/David J. Meyer

02/21/2024

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.