FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington,	D.C. 20549
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Christie Kevin J</u>					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]								eck all appli Directo	ıll applicable) Director		Person(s) to Issuer 10% Owner			
(Last) 1411 E M	(Firs	,	(Middle)				3. Date of Earliest Transaction (Month/Day/Year) 05/11/2023								below)			Other (s below) easurer	specify
(Street) SPOKAN	E WA	9	9202		4. If A 05/15		Date o	of Original Filed (Month/Day/Year)					Line	dividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta		ip)	n-Deriv	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Active Securities Acquired, Disposed of, or Beneficially Owned										ed to				
1. Title of Security (Instr. 3) 2. To Date		2. Transa Date	2. Transaction 2A Date Ex (Month/Day/Year) if a		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		I (A) or	5. Amou Securiti Benefici Owned	Amount of ecurities eneficially when Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(4	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock - Restricted Shares Special Grant 2023 05/3			05/11/	2023			A		959 ⁽¹⁾)	A	\$43.7	7 22	22,359		D			
Estimated Shares held in 401(k)													3,154.5675			I	Shares held in 401(k) Plan		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercis Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Dee Executi if any (Month/		4. Transaction Code (Instr. 8)		on of		6. Date Exercisi Expiration Date (Month/Day/Yea		9	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Own For Dire or I (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	1	Amount or Number of Shares					
Performance Shares Special	(2)	05/11/2023			A		2,240		(3)		(3)	Comr		2,240	\$43.77	2,240		D	

Explanation of Responses:

- 1. Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- 2. No conversion price. Shares awarded if performance measure is met.
- $3. \ Each \ performance \ cycle \ is \ 3 \ years \ in \ length. \ Shares \ will \ be \ issued \ at \ the \ end \ of \ each \ 3-year \ cycle \ if \ performance \ measure \ is \ met.$

/s/Kevin J. Christie

05/16/2023

** Signature of Reporting Person Da

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.