Check this box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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Check this box if no longer subject	STATEMENT
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed nu

OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Manuel Wayne O				2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]										k all app Direc	tor	ng Perso	10% Ov	ner	
(Last)	(Fii MISSION	rst) (f	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/02/2024							X	X Officer (give title Other (specify below) Vice President						
(Street) SPOKANE WA 99202					4. If Amendment, Date of Original Filed (Month/Day/Year))	Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person						
SPOKAI	NE W	A 9	9202												Form Perso	filed by Mo on	re than	One Repo	orting
(City)	(St	ate) (2	Zip)		Rul	le 10)b5-	1(c)	Tran	sac	tion Indi	icati	on '						
		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefi	icially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)			y/Year) Execution		ution [ution Date,				es Acquired (A Of (D) (Instr. 3,				ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or Pri	ice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 01/02/2					2024		F		1,103(1)	(1) D \$		36.05	3,510		1	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any		Transaction Code (Instr. 8) Sec Ac (A) Dis of (Instr. 9)			rities lired r osed) r. 3, 4	Expiration Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		Der Sed (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr.	wnership orm:	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Title	Amour or Number of Shares	er					

Explanation of Responses:

1. Shares sold to pay income tax on final 1/3 of 2021, second 1/3 of 2022 and first 1/3 of 2023 restricted shares that vested on January 2, 2024, as well as all Special restricted shares.

/s/Wayne O. Manuel

01/04/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.