FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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	Check this box if no longer subject
٦.	to Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MORRIS SCOTT L					2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]									ationship of Reporting Person(s) to Issuer c all applicable) Director 10% Owner						
(Last) (First) (Middle) 1411 E MISSION AVE				3. Date of Earliest Transaction (Month/Day/Year) 05/15/2023										belov	v) `	X Other (s below) of the Board		specify		
		99202			4. If Amendment, Date of Original Filed (Month/Day/Year)									Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)							Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
1. Title of Security (Instr. 3) 2. Transaction Date				n 2A. Deemed Execution Date, if any		e,	3. 4. Securities Transaction Disposed O Code (Instr. 5)			s Acquii	red (A) or	or 5. A 4 and Sec Bei Ow		Amount of ecurities eneficially whed		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					022				v	Amount	(D)	Price	Trans (Instr		action(s) . 3 and 4)		D			
Common Stock 05/15/2023 A(1) 2,839(2) A \$44.02(1) 125,069 D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	ution Date,	Securitie Acquired (A) or Dispose of (D)		ative rities ired sed	Expira (Month	tion D	vate Year)	Amount or Number		Derivati Security (Instr. 5)		derivative Securities Beneficiall Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
	(State of Derivative of Derivative)	Table Security (Instr. 3) Stock Tab 2. Conversion or Exercise Price of Derivative (Month/Day/Year)	(State) (Zip) Table I - Note that the second of Exercise Price of Derivative (Month/Day/Year) Table II - Note that the second of Exercise (Month/Day/Year) Table II - Note that the second of Exercise (Month/Day/Year)	Table I - Non-Derivative (e.g., pu 2. Transaction Date (Month/Day/Year) Conversion or Exercise Price of Derivative (Month/Day/Year) NE WA 99202 (Zip) Table I - Non-Derivative (Zip) 2. Transaction Date (Month/Day/Year) 3. Teansaction Date (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year)	(First) (Middle) 05/15 MISSION AVE NE WA 99202 (State) (Zip) Table I - Non-Derivative Security (Instr. 3) Stock 2. Transaction Date (Month/Day/Year) Stock Table II - Derivative Security (e.g., puts, cal Execution Date (Month/Day/Year) 2. Table II - Derivative Security (if any (Month/Day/Year) (Month/Day/Year) A. 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Transaction Date (Month/Day/Year) Acquared Execution Date, if any (Month/Day/Year) Of Derivative Security (Month/Day/Year) Of Derivative Security (Month/Day/Year) Security (Month/Day/Year)	(State) (Zip) Rule 10b5-1(C Check this box to inc satisfy the affirmative Securities According (Month/Day/Year)	(State) (Zip) Rule 10b5-1(c) Tran Check this box to indicate that satisfy the affirmative defense	(State) (Zip) Rule 10b5-1(c) Transaction Date (Month/Day/Year) Stock Table I - Non-Derivative Securities Acquired, Disposed of (D) Conversion or Exercise Price of Derivative Security (Month/Day/Year) Stock Table II - Derivative Securities Acquired, Disposed of (D) Code (Instr. 8) A. Deemed Execution Date, if any (Month/Day/Year) Stock Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) Date (A) or Disposed of (D) (Instr. 3, 4 and 5) Date (Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Date (Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(First) (Middle) MISSION AVE 4. If Amendment, Date of Original Filed (Month/D Rule 10b5-1(c) Transaction Inc Check this box to indicate that a transaction was results to the affirmative defense conditions of Rule: Table I - Non-Derivative Securities Acquired, Disposed of Execution Date (Month/Day/Year) Security (Instr. 3) 2. Transaction Date Execution Date (Instr. 3) 2. Transaction Date (Instr. 3) Code (Instr. 3) Table II - Derivative Securities Acquired, Disposed of (e.g., puts, calls, warrants, options, convertice for Exercise Price of Month/Day/Year) (Stock A(I) 2. Rayso(2) Table II - Derivative Securities Acquired, Disposed of (e.g., puts, calls, warrants, options, convertice for Date (Month/Day/Year) (Month/Day/Year) (Instr. 3, 4 and 5) A(II) A(III) A Deemed Execution Date (Instr. 8) A(III) A Deemed Execution Date (Instr. 8) A(III) A Deamed Execution Date (Month/Day/Year) A(III) A Deamed Execution Date (Instr. 8) A(III) A Deamed Execution Date ((First) (Middle) (Mid	Code Code	A. If Amendment, Date of Original Filed (Month/Day/Year) Stock	Solution Solution	MISSION AVE Chairman A. If Amendment, Date of Original Filed (Month/Day/Year) A. If Amendment, Date of Original Filed (Month/Day/Year) Chairman A. If Amendment, Date of Original Filed (Month/Day/Year) Chairman A. If Amendment, Date of Original Filed (Month/Day/Year) A. If Amendment, Date of Original Filed (Month/Day/Year) Chairman A. If Amendment, Date of Original Filed (Month/Day/Year) A. If Amendment, Date o	Signature Sign	All SISION AVE NE WA 99202 (State) (Zip) Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is interest a contract. Instruction or written plan that is interest. Security (Instr. 3) Z. Transaction (Month/Day/Year) Date (Month/Day/Year) Price of Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Date (Month/Day/Year) Annount (A) or Price (Doming) Price of Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired (A) or Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Date (Month/Day/Year) Annount (B) Owned (B) Owne		

Explanation of Responses:

- 1. Shares issued as an award of stock for Director Compensation. The price per share is the closing price on May 12, 2023.
- 2. Shares issued as part of the Directors annual retainer.

/s/Scott L. Morris
** Signature of Reporting Person

05/17/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.